



KENT COLLEGE
CANTERBURY

Kent College Horse Riding

2024/2025

Booking Horse riding lessons

To enquire about horse riding lessons please contact the Equine & Farm Manager, Zoe Griffiths on riding@kentcollege.co.uk

You will be booked onto a trial lesson and have the chance to look around the farm. You will need to complete a rider information and consent form before you can ride. After the assessment the instructor will then be able to suggest suitable groups your child could join.

Lesson frequency

Lessons can be booked weekly on Saturday. Lessons also take place on Thursdays after school, when the evenings are light, from 16:30. The lesson day and time you are offered will be based on your child's availability, the free slots and being of a similar ability to the other riders in the group. Lessons are all shared, with two to four pupils in each. The lessons are always taught by a BHS qualified horse riding instructor. One to one lessons are available for more advanced riders.

PE

Horse riding is available as part of the PE curriculum as group lessons at a cost of £28 for 30 minutes. Please contact the Head of Riding, riding@kentcollege.co.uk & Director of Sport, directorofsport@kentcollege.co.uk for more information.

Holiday lessons and activities

Horse riding lessons and other pony activities are available during most holidays. You will receive an email prior to the holiday with days and times of availability. You will need to respond to the email to make the booking as these are booked on a separate basis from the term time lessons. Please respond as soon as possible with any bookings.

Lesson prices

30 min group lesson £28

45 min group lesson (advanced) £34

30 min private lesson £39

45 min private lesson (advanced) £45

Group lessons are shared with matched riders of the same ability.

Lesson cancellations

Please cancel your lesson at least 48 hours before the scheduled time, contacting riding@kentcollege.co.uk If a lesson is not cancelled 48 hours before, or the pupil does not turn up, you will be charged for the lesson at the full rate. If lessons are frequently missed or cancelled you may lose your place.

The school appreciates that many pupils often have sports and other commitments at weekends; if you contact the riding instructor it may be possible to move the lesson to another day or time. Otherwise please cancel the lesson giving as much notice as possible.

Horse selection

The riding instructor will assess pupils in the first lesson, after which a horse or pony suitable to the rider's ability, height and weight will be selected.

Riding equipment

Horse riding hats to current British Standards are available to use in all sizes. We strongly advise that you purchase your own hat; please ensure it meets current British kitemark safety standards PAS015 2011. Hats must be worn at all times in the riding school.

Pupils can wear wellington boots or similar sturdy boots with a small heel and good grip for initial lessons. Fashion boots are not suitable, please check with the Instructor, and trainers must not be worn. Pupils must wear suitable trousers which can be jodhpurs, thick leggings, tracksuit bottoms, flexible jeans or combat type trousers for initial lesson. Please avoid the shiny type of tracksuit bottoms as they tend to be slippery to ride in! Tights are not acceptable as they are not protective enough. A T-shirt or polo shirt must be worn (no vest tops), short or long sleeved. Avoid very baggy clothing.

Dress warmly in the winter! Body protectors are optional; if you would like your child to ride with one then please purchase one from a tack shop/saddler where they can be fitted by qualified body protector fitters. If the pupil intends to carry on with riding throughout the term we ask that you purchase the correct equestrian attire and equipment. Please speak to the Head of Riding regarding riding uniform.

Loaning

We have a selection of ponies and horses that are available to loan on a Sunday. Loaning sessions are available 9am to 12 noon or 12.30pm to 3.30pm. These sessions cost £50 a week. Please speak to the Equine & Farm Manager, Zoe Griffiths for more details.

Livery

We have a small selection of stables available for livery. Please contact Zoe Griffiths, Farm & Equine Manager to register your interest and obtain further details.

If you have any queries please do not hesitate to contact the Equine & Farm Manager, Zoe Griffiths on riding@kentcollege.co.uk



Kent College Horse Riding 2024/25
Horse Riding Information and Consent Form

Pupil name:	D.O.B:	Pupil email (seniors only):
Pupil house:	School year:	Height and weight (approx):
EMERGENCY CONTACT		
Name:	Number:	Email:
Parents/guardians name:	Parent number 1 :	Parent email 1:
Parent/guardian name:	Parent number 2 :	Parent email 2:
BOARDERS ONLY		
House parent name:	Duty number: Other number:	House parent email:

Health Information

- Have you or the rider you are signing for, ever suffered a serious injury or discomfort while horse riding or been advised not to ride? Yes/No
- Please inform the instructor of any disability or medical condition that may affect the rider's ability to ride. This may include, but not be limited to, any back problems and any condition which can affect balance or cause blackouts, loss of consciousness, and fitting.

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- Please give details of any medication your child is taking.

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- Please give details of any injuries or disabilities your child has

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Rider Ability Declaration

- Does your child own their own horse? Yes/No
- Do they/have they had riding lessons at a riding school? Yes/No

- What is your child's level of ability?
 - Complete beginner
 - Beginner
 - Novice
 - Intermediate
 - Advanced

- How many times has your child ridden in the past 12 months?
 - None
 - Under 12
 - 12 to 40
 - 40+

- What do you believe your child's capability to be on a horse or pony?
 - Riding at walk
 - Trotting with stirrups
 - Trotting without stirrups
 - Cantering
 - Hacking
 - Ride over jumps up to 0.5m
 - Ride over jumps up to 0.75m
 - Cross country jumping

Name of parent/guardian:.....

Signed:.....

Date:.....



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As recommended by the British Horse Society

- I understand that riding at any standard has inherent risk and that all horses may react unpredictably on occasions.
- I accept that my child could fall and be injured and I accept that risk on behalf of my child (parent or guardian).
- I understand that instructions are given for my child's safety and agree to follow instructions given to me by staff and Instructors of the riding school and Farm.
- My child can reserve the right not to ride a horse allocated to them.
- I understand that wearing an appropriate British Safety standard Horse riding hat and body protector may reduce the severity of an injury should an accident happen and agree that my child will always wear a riding hat whilst riding and turning out / catching in at the school. I understand it is my child's choice whether or not they wear a body protector. We advise purchasing your own body protector fitted by the saddler purchased from as they have trained staff for this role. If your child uses a body protector borrowed from Kent College then you agree that this will be fitted to the best of the Riding Instructors ability and with the range of limited body protectors Kent College own (all will meet current British Safety standards). Body protectors are only compulsory for Cross Country riding but can be worn at any time when Horse riding.
- I understand that Kent College school will make decisions based on information I give them and agree to always be honest and volunteer information about:
 - my child's abilities and riding experience
 - any previous riding accidents
 - any medical condition(s) which may affect my child's ability to ride
- I understand that children are at particular risk around horses and agree that I will keep any children that I am responsible for under close supervision when they are not being instructed by the Kent College riding instructor.
- I understand that Kent College may refuse my request for my child to ride for safety or operational reasons.

I confirm that, to the best of my knowledge, all of the above details are correct.

I have read the Horse Riders' Code of Conduct overleaf. I understand that riding at any standard has inherent risk and that my child may fall off and could be injured. I accept that risk and agree that Kent College will not be liable for injury or damage to property unless it is caused by their negligence.

I have explained the Riders' Code of Conduct to my child and we both accept the risk and agree that Kent College will not be liable for injury or damage to property unless it is caused by their negligence. I have read and understand the lesson booking and cancellation policy and agree to abide by it at all times.

Data Protection Act 1998: Statement: I understand that the information I have given will be held in accordance with the Data Protection Act 1998 but may also be made available to Insurers and other concerned parties in the event of any injury or accident.

Name:.....

Signature:.....

Date:.....



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To be signed by pupils and parents/house parents prior to horse riding.

- No running around on the farm, this could scare the animals and cause an accident
- Please follow all instructions given by the farm and equestrian centre staff
- Do not enter the stable with any horse unless you have asked permission from staff first
- Only bring a horse out of the stable if you have checked first with staff
- No jewellery to be worn at the around any of the animals at the farm, this is for your own safety
- Please do not use your mobile phone while working with any animal, a lapse in concentration could cause an accident
- Wear appropriate clothing at all times – trousers, polo top/t-shirt, sturdy boots with a small heel and good grip
- A riding hat must be worn when riding, turning out and catching in horses
- Keep the yard tidy and put equipment away after use
- Report any accidents or near misses immediately to staff
- If you are unsure of anything then please ask, all staff at the farm and equestrian centre will always be happy to help

Signed Pupil:..... Date:.....

Print name:.....

Signed parent/guardian:..... Date:.....

Print name:.....



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Initial Riding Assessment Form
To be completed by the riding instructor

Pupil name:.....

Pupil age:.....

Pupils previous riding ability checked on riders ability form? Yes/No

Horse or pony ridden:.....

Type of lesson:

The client has been assessed and my judgement of their capabilities is as follows:

- Complete beginner (lead rein/lunge)
- Beginner (beginning to walk and trot off lead and independently)
- Novice (walk, trot and canter independently)
- Intermediate (jump, BHS stage 1 level or equivalent)
- Advanced (BHS stage 2+ or equivalent)

Assessment lesson content:

- Walk
- Trot
- Canter
- Without stirrups
- Jump
- Lateral work

Comments on riding assessment (to be completed by instructor):

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Assessed by:.....

Signed:.....

Date:.....

Contact details: **where and to whom bills should be sent by the School for lessons**

Name:.....

Parent/Guardian email address:.....

Telephone number:.....

Address:.....